



Online safety at home:

Parent Newsletter

Autumn 2025

At Thames Ditton Infant School, we work with ThinkuKnow to support our children and families in being aware of ways to stay safe online. Technology is hugely valuable for education, developing life skills and a way to keep in touch with friends and family. Here's some information about what your child may enjoy online and what you can do to help keep them safer:

Being kind online

The internet has many positive opportunities for children to learn and play, but it can also be used in negative and unkind ways. It's really important to speak to your child about being kind online, and how they can get help if they see or hear anything that makes them feel worried, scared or sad.

The [NSPCC](#) has advice for families to support them to talk about online safety.

Watching videos

From animals doing funny things, to slime-making and game-tutorials, the internet has lots of fun videos for children to enjoy. But the amount and availability of content online means that children may see something inappropriate.

To understand what type of content might not be suitable and advice on how to help your child watch safely, watch this short [video guide](#).

More information?

Thinkuknow is the education programme from the National Crime Agency's Child Protection Command CEOP (NCACEOP) whose aim is to protect children and young people from sexual abuse online.

For more information, advice and guidance, visit their [parents website](#) and download their home activity worksheets for fun, online safety activities to do with your family.

Steps you can take to help keep your child safer online:

Why not have a family agreement to:

- clarify what is allowed...or not
- establish ground rules like no phones at the table or in the bedroom at night-time
- agree shared expectations to reduce arguments and keep everyone safe and healthy

Take a look at Thinkuknow: Thinkuknow is the national online safety education programme from the National Crime Agency. Thinkuknow offers learning activities, advice and support for children and young people aged 4-18 and their families. The [Jessie & Friends](#) animations for 4 to 7s will help you start a conversation about online safety.

Watch out for phishing and scams: Phishing is when someone tries to trick you into giving them information, like your password. Someone might also try to trick you by saying they can make you famous or that they're from a talent agency. Never click links from emails or messages that ask you to log in or share your details, even if you think they might be genuine. If you're asked to log into a website, go to the app or site directly instead